# Menu

Starters
<b>Bread &amp; Oil</b> v, ve, df Selection of breads with extra virgin olive oil & balsamic vinegar
<b>Mixed Olives</b> v, ve, df, gf Marinated Greek Olive Selection
<b>Tomato, Chilli and Ginger Soup</b> v, dfa, gfa Served with bread selection
<b>Wild Mushroom Risotto Balls</b> v With a tomato & sweet chilli jam
Haggis Scotch Egg With a tangy and sweet chilli Jam
<b>Prawn Cocktail</b> © df, gfa With sweet tomato oregano glaze on crunchy melba toast, mixed leaves & traditional marie rose sauce
<b>Whitebait</b> © Served with bread, a wedge of fresh lemon & tartar sauce
<b>Baked Camembert</b> Infused with garlic & rosemary, served with pieces of garlic crostini to dip and smother. indulge to treat yourself or enough for two to share
Main Courses Steak, Mushroom & Award-Winning Abbot

Ale Pie Homemade short crust pastry, served with chips, garden peas and extra gravy	£16.50
Honey & Mustard Chicken gf © Breast of chicken pan-fried in cream, honey & wholegrain mustard sauce, mushroom & onion rice and fresh vegetables	£16.50
Venison Meatballs gf © With roasted garlic & rosemary mash, braised red cabbage & redcurrant gravy	£16.50
Lambs Liver & Streaky Bacon gf © Served with onion gravy on a bed of creamy wholegrain mustard mash, topped with streaky bacon and fresh vegetables	£16.50
<b>Beef Lasagne ©</b> Rich tomato sauce, garlic bread & homemade chips	£16.50

## From the Grill

#### 802 Fillet Steak dfa, gfa

A quality cut, freshly grilled the way you like it, served with grilled tomato and mushrooms, homemade chips & fresh salad £29.50

#### 10oz Sirloin Steak dfa, gfa

Freshly grilled the way you like it, served with grilled tomatoes and mushrooms, homemade chips & fresh salad £27.50

## <u>Fish</u>

£4.50

£4.50

£6.50

£7.50

£7.50

£8.50

£8.50

£10.50

<u>   3   </u>	
Creamy Mussels	
With smoky bacon and Aspall Cyder, served	a, al
with homemade chips and a selection of breat to mop up the delicious creamy sauce	£18.95
	a 10.70
Crispy Skinned Sea Bass df	
Fresh boneless crispy skinned seabass fillet with	ו
'risotto' style roasted red pepper and tomato	
orzo pasta, rocket leaves to garnish	£18.50
King Prawn Stir Fry gf, df	
Lightly spiced, sweet chilli sauce, mange	
tout, peppers, carrots, red chilies, fresh ginger,	
spring onions served with coconut and	
coriander sticky Jasmine rice	£17.50
Beer Battered Haddock df	
Served with homemade chips and garden	
peas	£16.50
Breaded Scampi df ©	
Large wholetail scampi, homemade	
chips and garden peas	£16.50
<u>Vegetarian</u>	
Macaroni Cheese v ©	
Made with smoked cheddar, served	
with garlic bread and fresh salad	£14.00
Mushroom, Nut & Leek Filo Stack v Creamy sauce with crunchy peanuts and c	risp
filo layers, baked new potatoes and rocket	пэр
leaves	£16.50
Vegan Spiced Mediterranean	
Vegetable Tagine v, ve, df, gfa	
With tortilla chips and lemon & peanut rice	£15.00
Smoky Barbecue Plant-Based Burger v, df	
Our own recipe vegan pate served with	
vegan cheese, tomato, gherkins, baby gen	า
lettuce and our own recipe burger sauce in	1
a toasted bun served with chips & creamy	
coleslaw	£16.50
Baguettes	
Oak Smoked Cheddar & Caramelised	
Red Onion Chutney v, gfa	
With a fresh dressed side salad	£8.95
Hot Bacon, Lettuce & Tomato dfa, gfa	

## Homemade Desserts

<u>nomentade Dessens</u>	
<b>Profiteroles</b> v Classic homemade choux buns filled with van cream and topped with chocolate sauce	illa £7.50
<b>Almond Flapjack</b> v, gf, df, ve Served with homemade pear, blackcurrant and blackberry jam and warm amaretto sauce	£7.50
Sticky Toffee Pudding Served with pecan sauce and double cream	£7.50
<b>Apple, Cinnamon &amp; Sultana Crumble</b> v © With custard	£7.50
Warm Chocolate & Walnut Brownie v © A warm and chewy chocolate brownie topped with vanilla ice cream & chocolate sauce	£7.50
<b>Baileys &amp; Mars Bar Cheesecake</b> Our own recipe, creamy, smooth, dense cheesecake with chocolate and butterscotch sauce	າ £7.50
<b>Trio of Desserts</b> A taste of our favourites; Baileys and mars bar cheesecake, chocolate and walnut brownie with vanilla ice cream and frozen coffee and Tia Maria mousse Indulge to treat yourself or enough for two to share	£8.95
Frozen Coffee & Tia Maria Mousse v, gf Dense and rich mousse served in an espresso cup for a smaller dessert option	£3.75
<b>Cheese Board</b> gf Selection of local cheeses with biscuits, homemade caramelised red onion chutney, and sticky walnuts	£9.50
<b>Mango sorbet</b> v, gf, df, ve © A refreshing sorbet	£5.50
<b>Two scoops of Dairy Ice Cream</b> gf, v © Choose from Vanilla, Chocolate & Strawberry	£5.50
Two scoops of Plant based Salted Caramel Ice cream gf,df, v, ve ©	£5.50
Homemade Morgan's Spiced Rum & Raisin Ice Cream gf, v	£5.50
Low Sugar, Fat Free Vanilla Ice Cream v, gf	£5.50

## <u>Hot Beverages</u>

Americano	£3.25
Cappuccino	£3.25
Latte	£3.25
Espresso	£2.95
Extra shot of Espresso	£0.50
Pot of English Blend Tea	£3.25
Earl Grey Tea	£3.25
Herbal Tea	£3.25
Mocha Latte	£3.25
Hot chocolate	£3.75

#### Steak Sauces

Cracked black pepper, Suffolk Blue cheese, Creamy mushroom

#### Chicken & Bacon Burger

100% chicken breast fillet in a brioche bap with streaky bacon, chilli & lime mayonnaise, homemade chips & creamy coleslaw £15.50

#### **Beef & Caramelized Onion Burger**

100% beef burger hand shaped, topped with smoked cheddar, streaky bacon and caramelized onions, served in a brioche bap, homemade chips & creamy coleslaw

#### Rack of Ribs df

Three-hour slow roasted pork baby rack of ribs coated in our own spicy barbecue marinade, served with homemade chips and creamy coleslaw Full Rack

Half Rack

£3.95

£16.50

£20.50

£16.50

homemade chips and baked beans or garden peas

mature cheddar in brioche bun with

Choose from any smaller portion of our adult meals marked with a © or from the items below:

Homemade steak burger topped with melted

With a fresh dressed side salad

With a fresh dressed side salad

Prawn Cocktail dfa, gfa

#### Chicken Nuggets

Children

**Cheese Burger** 

Made with whole chicken breast with homemade chips and baked beans or garden peas

#### Pork Sausages df

Suffolk butcher's pork sausages with homemade chips and baked beans or garden peas

Sides

Creamy Coleslaw ve, df, gf£3.75Beer Battered Onion Rings v, df£3.75Homemade Chips v, df£3.75Garlic Bread v£3.75Fresh Mixed salad ve, gf, df£3.75

v ve gf df	vegetarian vegan gluten free as standard dairy free as standard	
gfa	gluten free available with substitutions	
dfa	dairy free available with substitutions	
vea	vegan available with substitutions	

© Smaller portions of these dishes are available for children and those with smaller appetites

#### <u>Allergens</u>

Please make your food server aware of any allergies and intolerances you may have. Whilst we take the greatest of care preparing your food, our kitchen is used to produce food containing any of the 14 main allergens as well as others. Unfortunately, it is impossible on this basis to ensure against minimal transfer of allergens. Our pledge is to do our absolute best. If you require any information regarding ingredients, please speak to your server.

£7.95

£7.95

£7.95

£8.95

£8.95

## <u>Wines</u>

Bin No. 125ml	175ml	250ml	Bottle	

### White

1	Australia CHARDONNAY			
Tropical fruit flavours complimented by a crisp fir			finish	
	£5.25	£7.95	£8.95	£22.95
3	Italy PINOT	GRIGIO		

Fresh, fruity and easy drinking dry white classic Italian £5.25 £7.95 £8.95 £22.95

## New Zealand SAUVIGNON BLANC Intense gooseberry and grapefruit with a hint of asparagus £5.25 £7.95 £8.95 £22.95

#### Red

#### 2 Australian SHIRAZ

Packed with vibrant fruit and full of character£5.25£7.95£8.95£22.95

#### 6 Chile MERLOT

Light plummy notes, ripe berry fruit, smooth and balanced£5.25£7.95£8.95£22.95

#### 7 Chile CABERNET SAUVIGNON

Smooth, full of cassis & black cherry flavours, hints of coffee & dark chocolate£5.25£7.95£8.95£22.95

£24.95

#### Spanish RIOJA

Soft and fruity with ripe plum aromas

#### 15 France CHATEAUNEUF-DU-PAPE, PERDIGAL

A soft but full, early ripening wine with a dominance of Grenache and spice \_\_\_\_\_  $\pounds$  32.95

#### 18 Argentina MALBEC

Bold and fru	uity with a super smo	ooth finish	
£5.25	£7.95	£8.95	£22.95

#### Rose 4

Italy PINOT ROSEA delicate dry wine with fresh red berry fruit character£5.25£7.95£8.95£22.95

#### 13 California ZINFANDEL ROSE

Really good blush, easy drinking, hints of strawberry flavours and a soft finish£5.25£7.95£8.95£22.95

## Champagne & Sparkling

200ml Bottle

#### 19 **PROSECCO** Extra dry, flowery nuances of almond & ripe fruits

£7.25 £29.95

#### 20 MOET ET CHANDON

## <u>Cocktails</u>

#### Aperol Spritz

Aperol Spritz Bright , vibrant and lively orange hue and perfectly bittersweet essence made Aperol, Prosecco and Soda	€ with £9.95
<b>Pina Colada</b> Sweet, mellow and mild fruity flavours of rum, cayenne pineapple with the creamy texture of coconut	£8.50
<b>Mojito</b> A classy combination of Rum, natural persian limes and fresh mint	£8.50
<b>Espresso Martini</b> Rich, indulgent, and energizing, an expert blend kahlua, vodka and the finest cold brew coffee	£6.50
Passion Fruit Martini An exotic blend of vodka, Indian mangos, passion fruit, and orange juice	£7.50
<b>Strawberry Daiquiri</b> A natural fusion of rum, sun-kissed spanish strawberries and persian limes	£6.50
<b>Negroni</b> A refreshingly bittersweet cocktail with strong hints of citrus and dry undertones	£6.50
<b>Old Fashioned</b> The smokey warmth of the bourbon is perfectly matched with the intricate spice profile of the bitters and the sweetness of the orange	£8.00
Dark and Stormy A robust and dynamic drink that serves up spice from the ginger beer and citrus from the fresh lime and bitters	£8.50
<b>Moscow Mule</b> Served in a copper mug, a fiery ginger beer, vodka cocktail with refreshing lime and mint	£7.00
<b>Cherry Bakewell Fizz</b> An indulgent sweet cherry brandy, amaretto, prosecco cocktail, perfect after a great meal	£9.00

## <u>Draught</u>

Adnams Southwold	3.7%	£4.35
Wherry Ale	3.8%	£4.35
Abbot Ale	5.0%	£4.75
Level Head IPA	4.0%	£5.25
Carlsberg Pilsner Lager	3.7%	£4.35
Flint Eye	4.5%	£5.25
Madri	4.6%	£5.25
Guinness	4.1%	£5.25
Aspall Cyder	4.5%	£4.95

## <u>Bottles</u>

Magners Cyder	4.5%	£4.75
Kopparberg Mixed Fruit	4%	£4.75
Kopparberg Strawberry & Lime	4%	£4.75
Peroni Alcohol Free	0.0%	£3.75
Heineken Alcohol Free	0.0%	£3.25
Volt Low Alcohol	0.5%	£3.75
Estrella Gluten Free Lager	5.5%	£3.75
Old Speckled Hen Gluten Free Ale	5%	£4.50
Guinness Zero	0.05%	£4.25
Ghost Ship	0.5%	£3.75

## Soft Drinks

Coke	£2.80
Diet Coke	£2.80
Lemonade	£2.80
Appletizer	£3.45
Elderflower Presse	£3.45
J20 Apple & Mango	£3.45
J20 Orange & Passionfruit	£3.45
J20 Apple & Raspberry	£3.45
Still Mineral Water (330ml)	£2.65
Sparkling Mineral Water (330ml)	£2.65
Large Mineral Water (750ml)	£4.75
Pineapple Juice	£2.55
Cranberry Juice	£2.55
Tomato Juice	£2.55
Orange Juice	£3.45
Pressed Apple Juice	£3.45
Juice & Lemonade	£3.45
Juice & Soda	£3.45
Cordial & Lemonade	£2.65
Cordial & Soda	£1.85
Orange Fruit Shoot	£1.60
Blackcurrant Fruit Shoot	£1.60
Tonic Water	£2.25
Slimline Tonic Water	£2.25
Lemon Tonic Water	£2.25

## <u>Whisky</u>

Bells	40%	£3.25
Famous Grouse	40%	£3.25
Jameson's	40%	£4.25
Jack Daniels	40%	£4.25
Jim Beam	40%	£4.25
Malts (ask your server)	40%	£4.25

## <u>Brandy</u>

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Three Barrels	38%	£3.25
Courvoisier XXX	40%	£4.25
Remy Martin	40%	£4.25
Cherry Brandy	24%	£3.25

## <u>Rum</u>

Bacardi	37.5%	£3.25
Lambs Navy	40%	£3.25
Morgan's Spiced	35%	£3 25

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Kraken	40%	£4.25

## Gin

Gordon's	37.5%	£3.25
Pink Gin	37.5%	£4.25
Adnams Copper House	40%	£4.25
Bombay Sapphire	40%	£4.25
Plymouth	41.2%	£4.25
Hendrick's	41.4%	£4.25
Betty's (Distilled in Bacton, Suffolk)	42%	£4.25
Whiley Neil Rhubarb & Ginger Gin	43%	£4.25
Whiley Neil Raspberry Gin	43%	£4.25
Whiley Neil Blood Orange Gin	43%	£4.25
Gordon's Non-Alcoholic Gin	0%	£3.00

## <u>Vodka</u>

Smirnoff	37.5%	£3.25
Absolute	40%	£3.25
Absolute Rasberri	40%	£3.25
Russian Standard	38%	£3.25
Belvedere	40%	£4.75
Grey Goose	40%	£4.75